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Families, Friends and Care





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Families, Friends and Care

Different families, shared care



THE IDEA

A family does not have one fixed size. Some children live with one parent, some with grandparents, and some with other carers. Relatives may live in another home.

We can discuss the pictured families without asking anyone to share private family details.

CHECK YOUR THINKING

Must every family have the same members?

A Yes, there is only one kind

B No, families can be different

B. The people in a family can differ. Children deserve care and respect in every family.

A RELATED EXAMPLE

One person, different relationships

A name and a relationship tell different things. In our made-up family, Tara is Mina's mother. Tara's mother is Mina's grandmother. The same person can be a mother to one person and a daughter to another. Follow the link from the child in the story.

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Learning goes both ways



THE IDEA

Older and younger people can teach each other. An older person may share a song or a game. A child may explain a new puzzle.

Knowing more about one thing does not mean knowing everything. Listening helps people learn together.

CHECK YOUR THINKING

Who can teach something useful?

A Both children and adults

B Only the oldest person

A. People of different ages have different experiences and skills to share.

A RELATED EXAMPLE

Jobs are not for one gender

Useful work can be shared fairly. Cooking, cleaning and caring take time. Adults can share these jobs. Children can help with safe tasks, such as sorting socks. Sharp tools, hot pans and repairs need suitable adult help. A job should match the person's skills and safety.

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Share six books



THE IDEA

Two children are putting away six books. One child carries three books and the other carries three. Three plus three makes six.

Equal numbers work here because the books and the children's needs are similar. Fair does not always mean giving everyone the same task.

CHECK YOUR THINKING

How many books do they put away altogether?

A 3 books

B 6 books

B. Three books and three more make six. Fair sharing also considers what people can manage.

A RELATED EXAMPLE

Animals need suitable care

A pet is a living thing, not a toy. An adult arranges suitable food, water, shelter and health care. Pets also need space to rest. Human snacks are not suitable for every animal. Children ask an adult and do not tease, chase or grab an animal.

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Change the game, include the player



THE IDEA

A game works better when everyone can join. In this picture, children pass a soft ball while sitting in a circle. Nobody has to run to take a turn.

Ask the players what helps them join in. Do not make one person watch every time.

CHECK YOUR THINKING

What makes this game more inclusive?

A Rules that let each player take part

B Always leaving one player out

A. Changing a rule can remove a barrier while keeping the fun and challenge.

A RELATED EXAMPLE

Patterns can bring people together

A shared picture can grow one choice at a time. Look at the rangoli made with leaves and petals. People can suggest colours, place pieces and notice repeating shapes. We use the picture in class. No flowers need to be picked, and nobody must buy materials.

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Ask before helping



THE IDEA

People can tell us what they need. A neighbour may want help carrying a light bag, or may prefer to carry it alone. An older person may enjoy a game without needing help.

Offer kindly and listen. Age alone does not tell us everything a person can do.

CHECK YOUR THINKING

What is a respectful first step?

A Ask what would help

B Assume the person cannot do anything

A. Asking respects the person's choices and gives better information about their needs.

LOOK AGAIN

How is offering help different from taking over?

Ask what help the person would like, then listen. They can decide which parts of the task to do themselves.

ONE LAST CHALLENGE

How could everyone take a turn?

A group wants to play ball. One friend uses a wheelchair and another would rather play sitting down.



THE REVEAL

Try a seated passing game.

Ask each friend what works for them. Adjust the spacing so everyone can receive and pass the ball.

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